

A NEW APPROACH
TO SELF-DEFENSE



THE SAVVY TRAVELER'S
GUIDE TO DCA, IAD, & BWI



HOW TRUMP LOST
HIS DC RESTAURANTS

WASHINGTONIAN

2016

TOP DOCTORS

The region's best
physicians—chosen
by their peers

Is your doctor on the list?

1900
PHYSICIANS

39
SPECIALTIES

Dr. Babak Arvanaghi is
one of the area's top pain-
management specialists.

Samantha A. Toerge, MD

Dermatology

As Listed in Washingtonian Magazine