

A NEW APPROACH  
TO SELF-DEFENSE



THE SAVVY TRAVELER'S  
GUIDE TO DCA, IAD, & BWI



HOW TRUMP LOST  
HIS DC RESTAURANTS

# WASHINGTONIAN

2016

## TOP DOCTORS

The region's best  
physicians—chosen  
by their peers

Is your doctor on the list?

1900  
PHYSICIANS

39  
SPECIALTIES

Dr. Babak Arvanaghi is  
one of the area's top pain-  
management specialists.

**Samantha A. Toerge, MD**

**Dermatology**

*As Listed in Washingtonian Magazine*